

## Volunteer

Keech Hospice Care depends on a team of over 900 dedicated volunteers who work across all areas of the charity.

### Can you help?

Volunteering is one way in which you can give your support to the communities of Bedfordshire, Hertfordshire and Milton Keynes. You will gain satisfaction from knowing that your time and effort is making a huge difference to adults and children with life-limiting illnesses and their families.

Our volunteers come from a diverse range of backgrounds and choose to help Keech Hospice Care for a variety of reasons. So, whether you're looking for a challenge, stimulation or fun, to develop new friendships, acquire new skills or put your existing interests to good use, volunteering could be the answer!

 [In Care / Therapy](#) [In Retail](#) [In Fundraising](#) [In Central Services](#) [As a Trustee](#)

For many of our volunteering opportunities, no previous experience is required and full training can be provided when necessary. Some roles do carry age restrictions and applications may be subject to references and Criminal Records Bureau checks.

If you are interested in volunteering at Keech, take a moment to read more about the different ways you could do this listed above.

For more information, please contact:

Sarah-Jane Chilvers  
Volunteer Coordinator  
Tel: 01582 497652  
Email: [volunteering@keech.org.uk](mailto:volunteering@keech.org.uk)