



# Bereavement Support



Registered Charity No. 1035089

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## **Keech Hospice Care offers a range of bereavement services to the family and friends of our patients.**

### **Support for adults**

The monthly support groups give members an opportunity to share their feelings with others who have had a similar experience. This is done in a safe and confidential environment. Many people find comfort and understanding at these meetings.

### **Silver Lining support group**

Everyone who comes to Silver Lining has experienced the death of an adult. Meetings are held at the adult hospice between 7:30pm and 9:30pm once a month on a Thursday.

### **Shoulders of Support (SOS) support group**

Everyone who comes to Shoulders of Support has experienced the death of a child. The aim of the group is to provide an opportunity for anyone affected by the death to get together on a regular basis to meet with others who have had a similar experience. Meetings are held at the adult hospice between 7:30pm and 9:30pm once a month on a Tuesday.

### **Talking Elephants support group**

Talking Elephants is a gathering of people who have been bereaved. The group meets for coffee and conversation on the first Wednesday of each month between 11:30am and 1:30pm, in the local community.

### **Support for children (aged 5-18)**

Children can experience the pain of loss as intensely as adults and they may find it difficult to talk to those close to them. Children benefit greatly from an opportunity to explore their feelings about death and may gain from meeting others who have had similar experiences.

### **Sparklers support group**

Sparklers is a support group which takes place on the third Saturday of every month (except in August) between 10:00am and 1:00pm. The children and young adults who come to Sparklers are experiencing, or have experienced, the death of an adult or child.

## **One-to-one support**

We realise it can be daunting to share your feelings in a group. Some people prefer to talk to just one person. A family support worker or bereavement volunteer will see you at the hospice to give you an opportunity to share your feelings and talk about your loss. In some cases this support can be given at home or at school. One-to-one support is offered to both adults and children.

## **Family Thanksgiving and Remembrance Services**

We hold separate adult and children's services throughout the year, which you will be invited to. However, the Light up a Life service invites everyone to dedicate a light on our Christmas tree in memory of their loved one. Services are held in early December when the tree is lit and it remains lit until the Twelfth Night.

## **How can we help?**

If you feel you would like to access any support now or any time in the future, please contact the Supportive Care Team on 01582 497655 or email [supportivecareadmin@keech.org.uk](mailto:supportivecareadmin@keech.org.uk). If you need transport, we have volunteer drivers who can pick you up and take you home.

We also work closely with other external organisations and can refer on to them where appropriate.

## **Further information**

If you would like to know more about any of our bereavement services, please contact the Supportive Care Team on 01582 497655 or email [supportivecareadmin@keech.org.uk](mailto:supportivecareadmin@keech.org.uk).

If you would like this information in other languages, large print, braille, audio tape/CD or other formats please contact [comms@keech.org.uk](mailto:comms@keech.org.uk).

اگر آپ ان معلومات کو کسی دوسری زبان میں حاصل کرنا چاہتے ہیں تو براہ مہربانی ہماری رابطہ ٹیم (Communications Team) سے رابطہ کریں۔ رابطہ تفصیلات اس ورژن کے نیچے حصے میں درج ہیں۔

Urdu - درج ہیں۔

Uwaga: Jeśli wolelibyście Państwo otrzymać poniższe informacje w innych językach, dużą czcionką lub w innych formatach (np. na kasecie, płycie, inne), proszę o kontakt z naszym Zespołem ds. Komunikacji **Polish**

যদি অন্য কোনো ভাষায় এই তথ্য চান, তাহলে অনুগ্রহ করে আমাদের কমিউনিকেশনস্ টিম (Communications Team) এর সঙ্গে যোগাযোগ করুন। এই প্রচারপত্রের নিচে যোগাযোগের বিস্তারিত তথ্য দেওয়া হয়েছে। **Bengali**

ਜੇ ਤੁਸੀਂ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਜਾਣਕਾਰੀ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਡੀ ਸੰਚਾਰ ਟੀਮ (Communications Team) ਨਾਲ ਸੰਪਰਕ ਕਰੋ। ਸੰਪਰਕ ਵੇਰਵੇ ਇਸ ਲੀਫਲੈਟ ਦੇ ਹੇਠਲੇ ਹਿੱਸੇ ਵਿਚ ਦਿੱਤੇ ਗਏ ਹਨ। **Punjabi**



As a charity, Keech Hospice Care's survival depends on the community for 70% of its funding with only a small amount (30%) provided by the NHS, local authorities and the Department of Health.

To help us continue to look after local families when they need us most please donate at [www.keech.org.uk/donate](http://www.keech.org.uk/donate)

## Where we provide care

- Adult and children's service
- Children's service

