

Putting you at the centre of everything we do

At Keech Hospice Care's Wellbeing Centre, our specialist team of care professionals come together in one place to support people with life-limiting illnesses, and their families.

Our aim is to help you stay at home, live well and be independent for as long as possible.

Our free personalised care and support includes:

- a nursing and medical assessment
- an individual treatment plan
- physiotherapy and occupational therapy
- aquatic therapy in our hydrotherapy pool
- art, music and talking therapies
- complementary therapies
- social-work team
- the opportunity to meet others with similar experiences
- spiritual support.

“Keech Hospice Care’s Move, Music and Mind group helped me dance again.”



Our Wellbeing Centre brings everything together for you.



“Aquatic therapy has made
an incredible difference to
my balance and strength.”

- A specialist team of care professionals.
- Private rooms for assessment and treatments including transfusions and blood tests.
- A specially adapted gym.
- A fully equipped hydrotherapy pool.
- Wellbeing groups to help improve stamina, movement and independence.
- Quiet, private rooms for a range of complementary therapies.
- Regular carers' drop-ins, supported by our social-work team.
- Free 24-hour advice line for you, your family and carers: 0808 180 7788.

Find out more about how you can benefit from
Keech Hospice Care's Wellbeing Centre.



 www.keech.org.uk/wellbeing

 0808 180 7788

Keech Hospice Care,
Great Bramingham Lane, Luton, LU3 3NT.